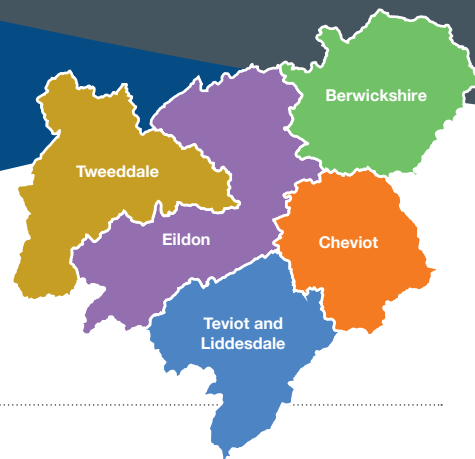


SUMMARY ACTION PLAN for consultation

SCOTTISH BORDERS



ACTION PLAN

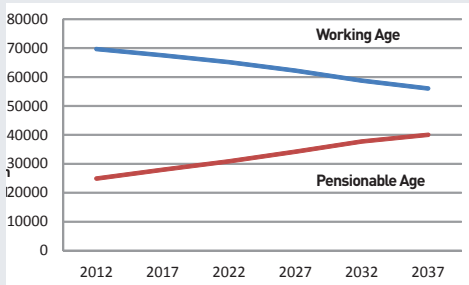
Devised in line with strategic plan together with national outcomes and local objectives.

PRIORITIES FOR SCOTTISH BORDERS	ACTION PLAN
Increase the range of care & support options across the Scottish Borders to enable people to remain in their own homes and communities	<ul style="list-style-type: none"> • Work with providers in the development of available support services • Support the implementation of new ways of working through the frailty redesign pathway • Support the independent sector to implement “My Home Life” initiative • Support the redesign of Borders Ability Equipment Service to support people in the community • Support development of community capacity building initiatives to develop locality specific services • Development of further healthy living network activity plans • Provide joint training and development for staff • Develop “What Matters” hubs • Adopt the National Anticipatory care plan • Develop integrated teams within each Locality to improve outcomes for the people of that locality • Increase interventions to support people to remain at home and reduce the need for ED /GP attendance • Support discharge from hospital at an appropriate stage with the right service interventions • Early identification of people who require support through early interventions and screening • Establish SBC IT access within identified Health centres to enable NHS staff to access SBC systems and allow Social care & health staff to work from health office
Improve the availability and accessibility of services across the Scottish Borders	<ul style="list-style-type: none"> • Bring together staff from NHS, SBC and Third sector to work together within integrated teams • Develop a link with the transport hub to establish rural need and potential solutions • Develop “What Matters” hubs
Increase the availability of locally based rehabilitation services across the Scottish Borders	<ul style="list-style-type: none"> • Support the further development of reablement services within the Third sector • Scope out the gaps in community rehabilitation services across the partnership and devise and implement a structure to address these • Increase access to Allied Health Professionals and support staff to manage peoples’ rehabilitation needs within the community • Link with Third sector around development of the reablement model and roll out to all areas • Link with the Day services review programme and input into service redesign as required from each locality • Support and inform future developments within the locality
Increase the range of housing options available across the Scottish Borders	<ul style="list-style-type: none"> • Work with registered social landlords to develop alternative accommodation across all localities • Support delivery of extra care housing

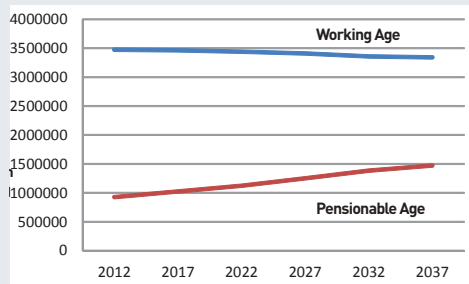
This is a summary plan for Scottish Borders.
 To view the full Health and Social Care plan for Scottish Borders please visit [here](#)

THE SCOTTISH BORDERS AREA - AREA PROFILE

PROJECTED POPULATION 2012-2037 FOR SCOTTISH BORDERS



FOR SCOTLAND



60.5% increase in pensionable age (Scotland 59.1%)

19.6% decrease in working age (Scotland 3.77%)

POPULATION

114,030 population*

- **13.5%** aged 16 to 29 years (Scotland = 18.3%)
- **30.2%** aged 60 and over (Scotland = 24%)

*(est 2014)



AREA

4732 sq km (1827 sq miles)

4th most sparsely-populated mainland area in Scotland

- **47.1%** of the population live in a rural area
- **30%** live in settlements with less than 500 people

HEALTH OF THE SCOTTISH BORDERS

LONG TERM CONDITIONS

6,361 on Diabetes Register
6.40% of GP Register**
(Scotland = 5.88%)

1,040 on Dementia Register
3.85% of GP Register***
(Scotland = 4.58%)

** over 15 yrs
*** over 65 yrs

11% increase in emergency hospitalisations 2002-2013
(Scotland = 1%)

5122 per 100,000 Multiple emergency hospitalisations Patients 65+ (Scotland = 5159.5)



KEY HEALTH AND SOCIAL CARE ISSUES FOR SCOTTISH BORDERS RESIDENTS*

- High quality care for older people
- Tackling poverty and inequality
- Sustainable transport links
- More affordable housing

*(Scottish Borders Household Survey 2015)

OUR NEIGHBOURHOODS 2015

91.2% rate their neighbourhood as very/fairly good

VOLUNTEERING 2015

27.4% adults involved in voluntary work



INFLUENCE / INVOLVEMENT IN PUBLIC SECTOR 2014

17% agree that they "can influence decisions affecting my local area" (Scotland = 23%)

This information is taken from the Scottish Borders Strategic Assessment 2016 "KnowBorders", produced for the Scottish Borders Community Planning Partnership.

